

Registered Massage Therapist Norfolk

Registered Massage Therapist Norfolk - Somebody who works with energy fields surrounding the animal or human body is referred to as an energy healer. The fields of energy that surround living things have been referred to as qi, chakra body, aura body, chi, or the energy body. To an energy healer, the term is not as important as the effects of working with it.

Energy healing is an integral part of whichever holistic healing plan because our energy fields are intrinsically connected to our complete health. Energy work is associated with the gateway of the Spirit. The Body Gateway is related with physical healing, the Mind Gateway is connected to mental and emotional healing and the Spirit Gateway is related with energy healing.

It is normally thought by several energy healers that every dis-ease starts from and can be healed through working together with the energy body. Like for instance, if you have respiratory problems, you might have a block around your lungs. When an energy healer unblocks that area, your respiratory issues should vanish or decrease.

Energy healers can operate in many different ways, according to the system of healing they work with. The basics of whichever healing art will involve unblocking, re-routing, charging with light and exorcising negative fields. Your local spiritual bookstore or metaphysical store might be able to put you in touch with an energy healer if you feel this could be for you.