

Colonic Norfolk

Colonic Norfolk - A colon hydrotherapy is a method that works to gently flush water into the rectum to help remove mucus and toxins from the colon. Likewise known as colonics, colon irrigation or colonic irrigation, the colon hydrotherapy treatment can really be applied to be able to treat constipation, aid relax tight colon muscles, strengthen the colon, to cleanse the colon during periods of fasting, and to be able to aid in the detoxification process. Colonics are indicated when there is an rise of mucus and toxicity levels inside the body. Dependent upon the patient's health condition, either lukewarm or cool water could be used.

While colon cleansing could really be useful in a lot of physical conditions, there are several times where it is not used. Serious or possibly life-threatening conditions that affects the patient's colon like ulcerative colitis, colon cancer, diverticulitis, intestinal bleeding, inflamed hemorrhoids, or intestinal obstructions are particular times this kind of therapy is not used. Colon hydrotherapy is also contraindicated in hypertension and being pregnant.