

## Rehab Norfolk

Rehab Norfolk - EEC therapy is an outpatient treatment for heart failure and angina. For those who experience these conditions, basic activities like walking the dog or getting the mail can be extremely challenging. If you or someone you know experiences heart failure or angina, the non-invasive treatment known as EEC therapy can be beneficial. Statistics prove that around 80% of people who complete the 35 hour course of EEC therapy report substantial symptom relief which may last up to 3 years.

EEC therapy has shown to be a beneficial treatment utilized for angina and heart failure. Usually, treatments are given for an hour a day, 5 days a week for a total of 35 hours. A treatment session involves lying on a comfortable treatment table with big blood pressure like cuffs wrapped around your buttocks and your legs. At particular times in between your heartbeats, these cuffs deflate and inflate. A continuous ECG or electro cardiogram is utilized in order to set the timing. This insures that the cuffs inflate while the heart is in its resting condition where it normally receives its supply of blood and oxygen. Then the cuffs deflate at the end of that rest period, just prior to the next heartbeat. The individual puts on a special sensor on their finger to be able to monitor the levels of oxygen in their blood. The sensor likewise checks the pressure waves created by the cuff inflations and deflations.